

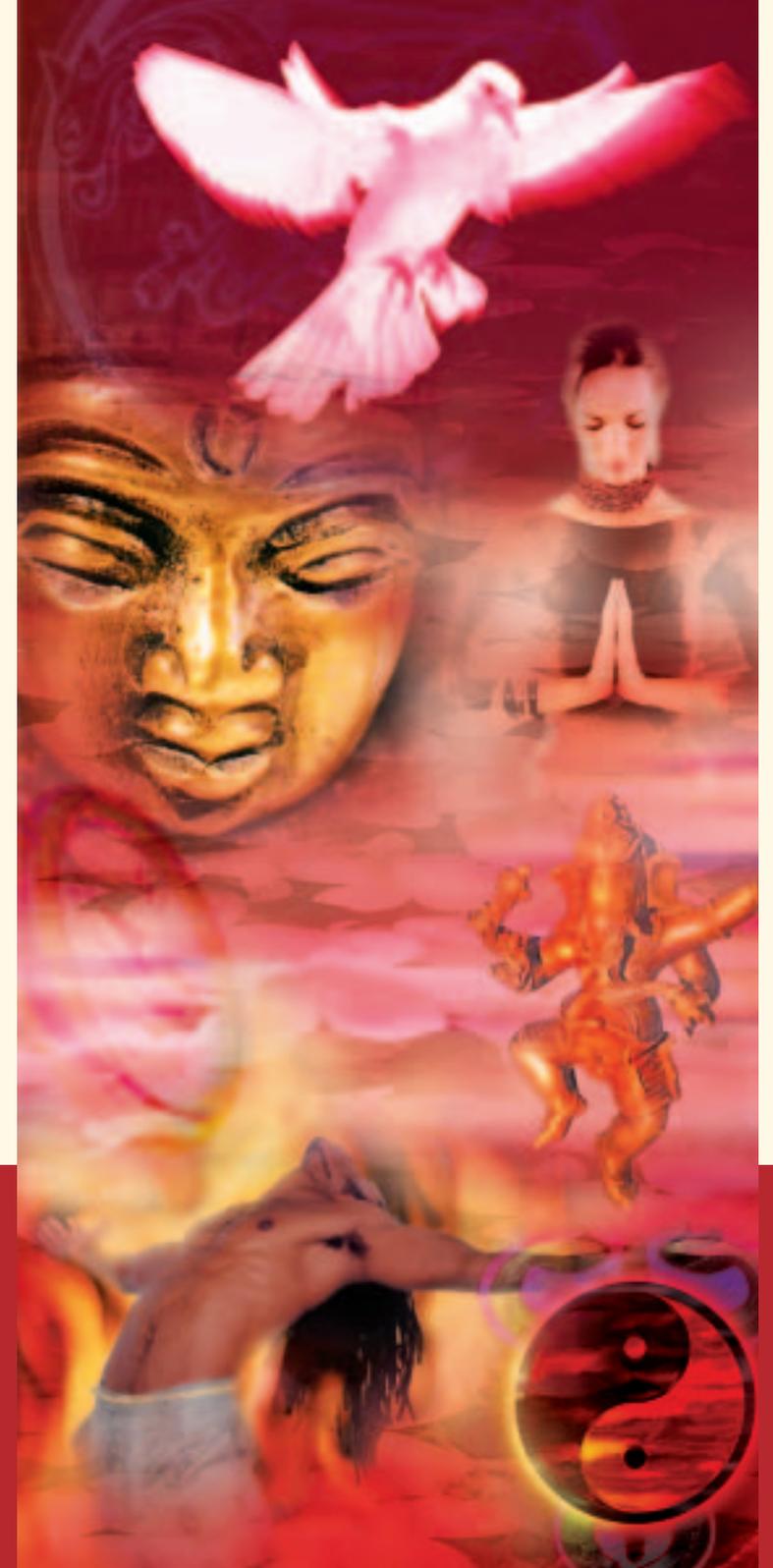
STILL LOOKING FOR THE BEST MUSIC IN THE WORLD?



Nothing is wrong when done to music.  
- Jerome Kern

# passion for music

northstar music  
elements



## *About Us*

### *History \* Worldwide \* Composers \* Production \* Passion for Music*

*NorthStar Music was founded in 1996 by Grahame Maclean, an established UK composer and conductor. In those days there were just two of us in the office together with the company dog and rabbit. In the first two years we steadily built up our music catalogue and started to gently make our mark in the United Kingdom.*

*Today NorthStar Music has grown into a company respected throughout the world with distribution partners in all countries.*

*NorthStar Music embraces the philosophy of bringing together a specially selected group of composers and musicians who represent excellence and high achievement in their own particular field, and whose spiritual awareness and commitment to the well being of the planet is total. Writers whose ideals embody the re-discovery of the spiritual values that have been lost in our passage through time.*

*Our dedication is to produce music, which captures the very essence of living a well-balanced life. Through personal experience we all have discovered the vital importance of relaxation and renewing our partnership with nature. We all have busy lives nowadays and the dazzling combination of stimuli in our daily lives leaves us often feeling out of balance. Fortunately, music can alter our state of mind and provide a haven of peace and tranquillity amidst the storms of life.*

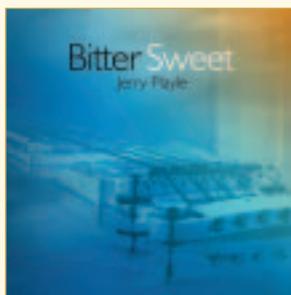
*Without darkness there is no light  
Without stillness there is no movement  
Without music there is no silence within mind body & spirit*

*We hope you will enjoy our music and wish you joy and happiness.*

*Brigitte Mwani & Grahame Maclean*

# easy listening

*Easy listening music -  
Light or popular compositions,  
usually having a prominent, catchy  
melody and cool, laid-back  
harmonies and rhythms*

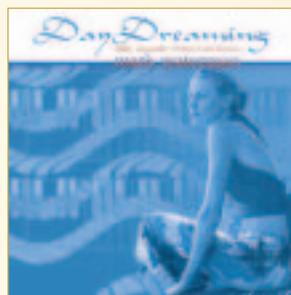


*Bitter Sweet*  
Jerry Playle NEW 2005

Warm soulful melodies that reflect places and emotion, experiences and images, funny and sad, dark and light; the story of each melody is given life through the voice of the guitar.

“..there is steel beneath the velvet exterior, and Playle proves to be a substantial soloist. He boasts an amalgam of Carlton, Holdsworth and others and has a technical polish still rare on the domestic scene. The same can be said of the arrangements, all by the leader..”  
Jazz Journal International

“..smooth, lyrical and accessible..”  
Blue Note Club



*Daydreaming*  
Mark Waterman NEW 2005

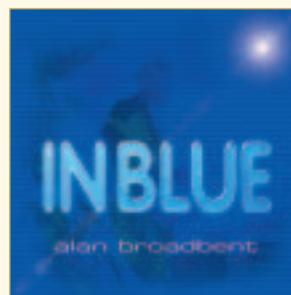
The music of the 1940's was one of the most important era's of musical creativity the world has known and has given us songs which are still as popular today as when they were first written. Standards including *Dream A Little Dream, A Fine Romance* and *Night and Day*, - featuring the piano playing of Mark Waterman in his own inimitable silky smooth jazz style - will set the perfect scene for dreaming away the hours in the arms of a loved one whilst enjoying the best that life has to offer: love, peace, a glass of wine and music to get you in the mood. Enjoy!



*But Beautiful*  
Grant Martin NEW 2005

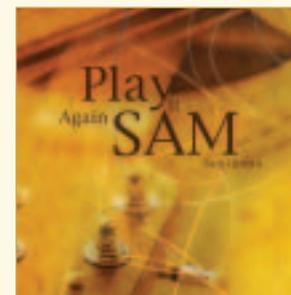
An album of exquisite beauty played by a rising star in the world of easy listening music. Grant Martin is still in his teens and yet displays such sheer brilliance in both composition and performance that in a different era he would have been declared a protégé.

Performing on a 1934 Steinway grand piano his compositions will never fail to stimulate even the most discerning in musical taste and will offer a new level of musical perfection, inspiration and joy.



*In Blue*  
Alan Broadbent

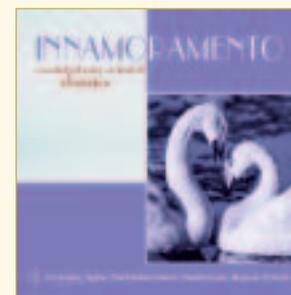
Easy and oh so cool, this essential silky smooth collection of superb lounge sax tunes is guaranteed to make you unstress & lie down so you can take life seriously easy. The perfect bluesy remedy for life in the *too* fast lane if stress is getting too much for you and ideal if you're looking for music for sassy lazy Sunday mornings or feel good vibes throughout the day.



*Play It Again Sam*  
Sam Hyman NEW 2005

From a background of successful song writing and composing in the USA Sam Hyman is now enjoying major acclaim with 'Play It Again Sam' his latest release with NorthStar Music.

Old favourites, guaranteed to evoke treasured memories including *Fields of Gold, Do You Know The Way To San Jose* and *Mary's Prayer*, are mixed with original songs from NorthStar's wealth of talented composers. All are given that special treatment of new insight and interpretation coupled with Sam's powerful, emotive voice and wonderful guitar playing. The end result is an album that you will want to keep playing again and again.



*Innamoramento*  
Various Artists

Recorded in the BBC studios Manchester England this album represents the very best of classics played by world class musicians. The album *Innamoramento* includes Pachelbel's Canon in D major, Beethoven's Moonlight Sonata and Satie's Gymnopédie. Without doubt this album will bring peace and calm whenever it is played.

The NorthStar Ensemble consists of 8 strings, oboe, cor anglais and harp.

# healing energies

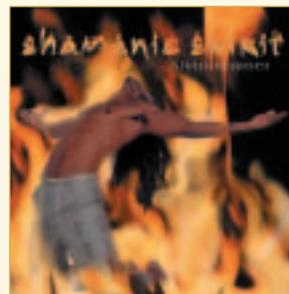
*Music is a portal to strengthen, vitalise and renew your senses. Unlike any other experience music beckons you to leave your cares behind and enter a world of creativity, inspiration and wonder. Healing Energies is a series of relaxing contemporary music designed to enhance the time you set aside for yourself, allowing you to return to a source of peace and calm within your mind body & spirit. Inject peace and tranquillity into your life with healing music especially written for creating an ambience of pure quietude.*



*Reiki*  
George Raphael

Reiki – literally meaning Universal Life Energy – is an ancient healing technique rediscovered in Japan in the 19th century. It is a powerful system of healing that has attracted people from all over the world to its teachings. This album is a recording of such beauty and sensitivity that it will captivate and spiritually nurture all who listen.

The album is over seventy minutes long and contains bells at approximately three minute intervals to help treatment timings.



*Shamanic Spirit*  
Alvin Kramer

Shamanic Spirit is music inspired by nature and by a desire to return the listener to a state of well-being through sound, rhythm, melody and electronic overtones. It is music that arises from the intuition rather than the logical mind. Listen to it for pleasure or an inner experience, or use it for dancing, celebration or healing.



*The Way Of Ch'i*  
Steinar Lund

The Tao is the unknowable, both everything and nothing, beyond opposites. It is the 'way' of living in harmony with each moment as it unfolds. Inspirational and alive with the musical influences of the mystic east The Way of Ch'i offers exotic melodies and gentle eastern percussion in a fusion of beautiful uplifting Oriental melodies. Serene, spiritual and calming this album is the ideal partner for meditation, healing and inner peace.

"This music is food for the soul.  
It nourishes. It heals."  
Craig Hamilton-Parker,  
spiritual medium and author



*Reiki 2*  
George Raphael

Reiki 2 - 74 minutes of pure spiritual energy contains superb compositions that are researched and designed to improve the body's systems and help the inner self promote well being and balance in our lives. Working closely with Reiki practitioners, George has captured the essential musical requirements for creating the perfect ambience for all Reiki sessions. The album contains bells at approximately three minute intervals to help treatment timings.

*Listen in deep silence.  
Be very still and open  
your mind...  
Sink deep into the peace  
that waits for you beyond  
the frantic,  
riotous thoughts and sights  
and sounds of this  
insane world.*

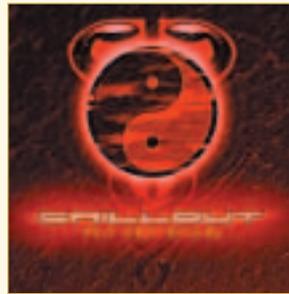
*From "A Course In Miracles"*



NSMCD287

*Chill Out For The Mind*  
Jonn Savannah

Smooth melodies, sensual guitar and the most cool chilled grooves in town offer the perfect background for calming yourself down and freeing your mind. Chill Out For The Mind will guide you when opening-up your ability to relax and to chill in such a way that the mind naturally clears, cools down and opens up, even in the midst of activity.



NSMCD288

*Chill Out For The Body*  
Jono Buchanan

Sensual ethnic layers, chimes and bells, acoustic piano and a delicious fusion of Koto, wooden flutes and tabla will offer you the perfect chilled relaxation experience any time you need to unwind and relax your body from the day's stresses.

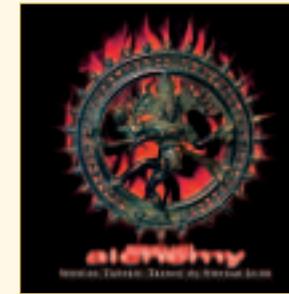
Remember that chilling out is more than simply spending time doing nothing... as a valuable break from being stressed-out true relaxation comes with restoring the balance between mind, body and spirit.



NSMCD300

*Ganesh Lounge*  
Various Artists

*Ganesh Lounge* invites you to explore the world of meditative spiritual dance and experience the sounds and rhythms that remind us of our true nature. Allow your mind, body and spirit to energeise and move naturally to the flow of the music, for here we can discover how Ganesh dictates his own agenda of movement whilst spiritually lifting you to a place where natural rhythm blends effortlessly with the sacred principal of energy and consciousness to create inner harmony.



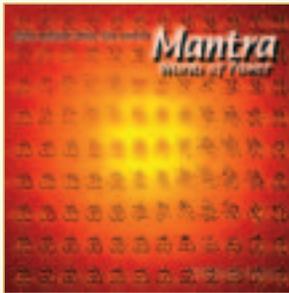
NSMCD286

*Sexual Alchemy*  
Steinar Lund

Music for a deeper understanding of love. The play of subtle sexual energies, barely perceptible at first, then growing in intensity as swirling erotic forces entwine you both, dissolving the borders of self.

*"Experience your own completeness and the sacred marriage of both male and female principles inside yourself as you celebrate your wholeness."*

- John Hawken founder of SkyDancing Tantra UK

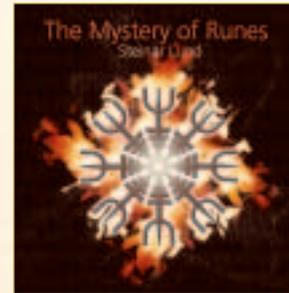


NSMCD283

*Mantra*  
Steinar Lund

Mesmeric ethnic percussion interweaves with rich orchestral textures to provide the perfect musical framework for this collection of mantra chants.

For centuries mantras have been used to harmonise, calm and focus the mind and create an inner spiritual balance in our lives. Sounds have vibrational energy and for every word we speak in our daily lives we create an invocation or decree: a Mantra for the enrichment of our lives - a word of power.



NSMCD289

*The Mystery Of Runes*  
Steinar Lund

The whispers from a time of mystery are brought to life in this music inspired by the Runes, an ancient alphabet with hidden meanings and associations with Northern mythology. The music invites you to conjure the world of Runelore in your consciousness today by echoing the esoteric era of Norse Gods, rituals and wisdom. Soothing, mysterious and joyous, the music moves you through the moods of Runic realm connecting with our spiritual heritage.



NSMCD289

*Chill Out For The Spirit*  
Vickerage & Phillips

The ultimate chill out. The essence of vast open space is captured in a drifting cloud of delicious ambience punctuated by soft ethnic sounds. As the album unfolds beautiful drifting melodies start to emerge from the superb orchestration. Reminiscent of the style of Brian Eno and Arvo Pärt the instruments used include a 24 piece string orchestra, zither, xylophone, Tibetan finger cymbals and guitars.

# inspirational

Take time to think ...

It is the source  
of power.

Take time to play ...

It is the secret of  
perpetual youth.

Take time to laugh ...

It is the music  
of the soul.

Take time to pray ...

It is the greatest  
power on Earth.

Words written on the wall of  
the Missionaries  
of Charity's children's home,  
Calcutta



*Innocence*  
Katie Hope NEW 2005

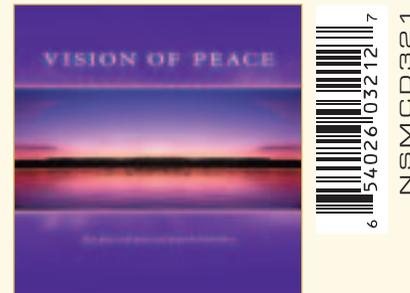
Inspired by a Zen state of openness that leads to exploration Katie Hope's melodies capture the overwhelming sense of calm and tranquillity, which she experienced on her travels through Tibet. Innocence is a peaceful truly inspirational and enlightening tribute to the Tibetan people.

*'When the iron bird flies and horses run on wheels, the Tibetan people will be scattered like ants across the face of the earth, and the Dharma will come to the land of the red men.'*  
(Prophecy by Padmasambhava, an Indian teacher who took Buddhism to Tibet in the 8th century.)



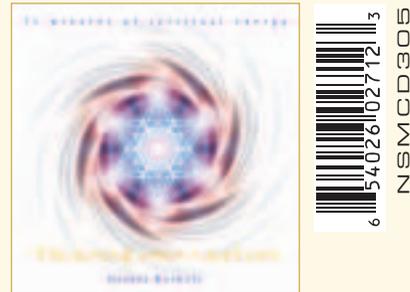
*Enlightenment*  
Stroud & Hellaby

Gentle keyboards and delicate orchestration create the perfect environment for contemplation and peace. Spiralling around the listener, rippling through the subconscious and creating a dreamlike atmosphere, these beautiful melodies, each inspired by meditation and the search for enlightenment, will add an extra dimension to moments of relaxation and stillness.



*Vision of Peace*  
Various Artists NEW 2005

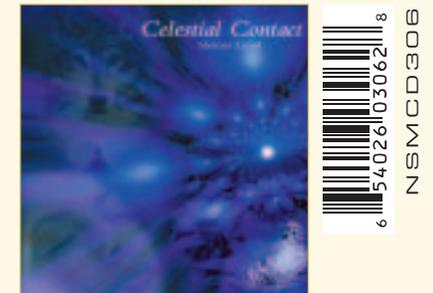
Believing that music in itself is healing, that it is an explosive expression of humanity and personal belief various NorthStar artists have created this musical gift of peace, filled with songs and prayers, which will be a daily source of joy, strength and spiritual union. From romantic acoustic and orchestral to gospel jazz this album will enchant you time and time again.



*Transformation*  
George Raphael

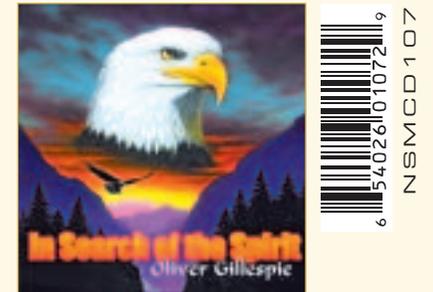
Transformation is the eagerly awaited follow up to George Raphael's best selling Reiki 1 and 2. In Transformation George Raphael musically captures the feeling and being 'one' with the Dai Ko Mio, which means the Great Shining Light.

Immerse yourself in the musical flow of energy and, with a total focus on the 'now' open your hands, open your mind and open your heart to learning to always live in the light, to 'be' the light.



*Celestial Contact*  
Steinar Lund

Modern life is both fast and busy. Amidst the noisy hustle and bustle do we hear the inner voice of our spirit? Take the time to relax, get comfortable, lift your eyes to heaven and listen to Celestial Contact. Let the beatific beats and channeled choirs transport you to a place of well being. Ethereal piano motifs encourages the opening up to the mystery of the divine. Give yourself to the infinite moment that is now.



*In Search Of The Spirit*  
Oliver Gillespie

Soothing, meditative music of a dreamlike quality gently transports you high above the spectral plain. This inspiring composition offers a masterpiece of natural ambient layers that will relax and restore your inner peace and carry you, in waves of tranquil harmony, into a state of complete relaxation. Your perfect companion for calming the mind, diminishing stress, eliminating fatigue and revitalising mind, body and soul...

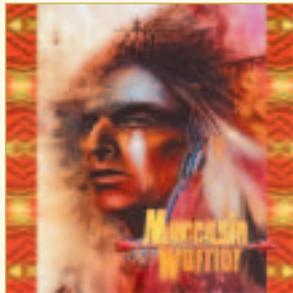
# native american indian

“Legendary keyboard player for The Who and Free amongst others John Rabbit Bundrick’s personal project sees him exploring the world of the Native American Indian. With narration by Snuffy Walden the atmospheric and evocative music creates the desired effect as it traces the last days of the Comanche Indian. The resulting Moccasin Warrior and its follow up Moccasin Warrior 2 serve as a refreshing and absorbing alternative to Rabbit’s rock legend status.”

Steven Caseman - Rock And Reel

To watch us dance is to hear our hearts speak.

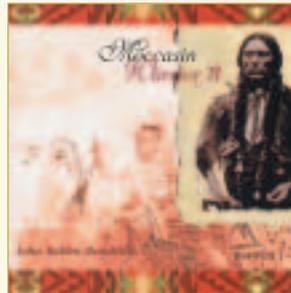
Hopi Indian Saying



*Moccasin Warrior*  
John Bundrick

John Rabbit Bundrick’s Moccasin Warrior is a shining testament to the Native North American Indian. This moving and intensely personal observation of a people who were the indigenous spirit of America is told here in music and spoken word.

Its truth is both direct and honest, and will leave you with a lasting impression of the Indians’ final years.



*Moccasin Warrior 2*  
John Bundrick

Beautiful orchestrations blend with Redwood flutes, keyboards, authentic percussion, guitar and native chants to create the final drama of an Indian tribe. With a heartfelt narration by Snuffy Walden, telling the story of Quanah Parker, last chief of the Quahadi Comanche, this album is sure to become a treasured addition to any Native American Indian collection.



*Spirit Of The Wolf*  
Taylor Crow

A wonderful album of expansive and evocative themes inspired by the special relationship between the Native American Indian and the wolf. Respected and revered by the native tribes, the wolf is believed to be an intelligent spirit, and an encounter with one is always seen as a good omen. This album is perfect for relaxation and meditation.



*Dreamcatcher*  
Nana Raven

The night air, filled with dreams caught on the spirit winds, gently breathes through the sounds of nature, providing the inspiration for this unique album. Enchanting melodies, played on the Native American Indian flute, gently dance with authentic rhythms, voices and natural sounds to weave an evocative spell...

## Ancestors

Oh Great Spirit of our Ancestors

I raise my pipe to you,  
to your messengers the four winds, and to  
Mother Earth who provides for our children.  
Give us the wisdom to teach our children to  
love, to respect and to be kind to each other  
so that they may grow with peace in mind.

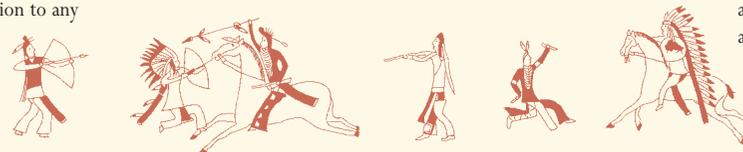
Let us learn to share all the good things  
that you provide for us on this Earth.

## Native American Prayer



*Vision Of The Shaman*  
William Presland

Rich orchestral sounds blend with authentic percussion, flutes, ethnic bells and voices to produce one of the most remarkable Native American Indian albums ever recorded. Beautiful Shamanic themes, inspired by the ancestral spirits, rise and fall against a background of ancient rhythms, chants and natural sounds to create an album of rare brilliance.



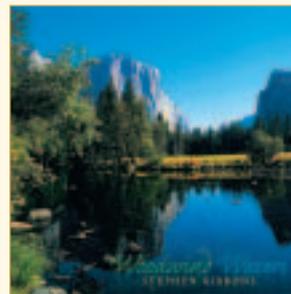
# inspired by nature

*Nature speaks to us in many voices - in the rustling of leaves, the rush of water, the songs of birds, the chatter of dolphins... When combined with music, natural sounds create the perfect backdrop to allow you to relax and feel at peace with the world around you.*



*Dolphin Dreaming*  
Mike Stobbie

The gentle sounds of the waves and the chatter of dolphins offer the perfect natural background for this superb album of oceanic themes by Mike Stobbie. Featuring piano and delicate orchestrations the album creates a serene atmosphere, invoking visions of freedom and tranquillity.



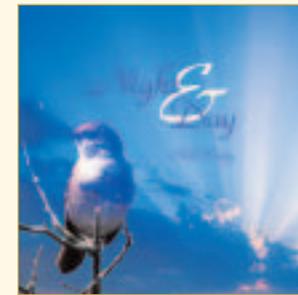
*Woodwind Waters*  
Stephen Gibbons

Flutes, recorders and the beautiful tones of the classical guitar blend together with the sounds of the ocean to produce a wonderful restful and uplifting performance that will enhance all relaxing moments. The sheer virtuosity of Stephen's magical guitar melodies combined with acclaimed flautist Oriana Yim create an unforgettable tribute to the world of natural elements.



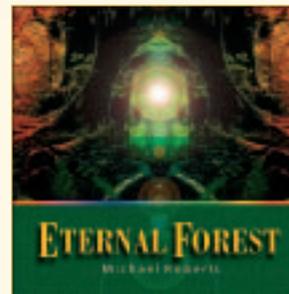
*Oceania*  
Oliver Wright NEW 2005

Stimulate your imagination and mood with this double natural sounds album featuring the aquatic travels of whales and dolphins, and sounds of the ocean. The dolphin's gentle voice and the deep resonance of Whalesong create an underwater world of magical intensity whilst the soothing sounds of the ocean will wash from your mind, body and spirit the dust of everyday life.



*Night & Day*  
Nick Penny

The combination of harp and the song of the nightingale must be one of the most wondrous combinations of music and nature ever experienced. In *Night & Day* you will find an album that will give countless hours of pleasure whenever it is played. The nightingales were recorded by Nick during May and early June 2003, between 9pm and the following 5am in an English bluebell wood in Northamptonshire.



*Eternal Forest*  
Mike Roberts

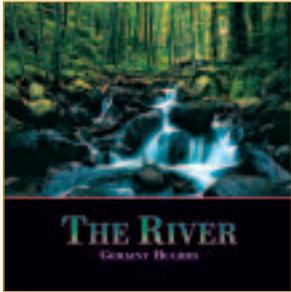
Deep in the Eternal Forest, where time stands still, the majestic waterfall cascades endlessly over the rocks as a songbird symphony welcomes you to this haven of serenity. In the distance the call of a wolf floats hauntingly in the air and an owl choruses its approval as the rain begins to fall...

An acoustic album featuring piano, flugel horn, flute, guitar and gentle orchestration.



*Deep Blue Rhapsody*  
D. & C. Lacroix

The majesty of the ocean reflected in the beauty of music. Superb orchestral melodies, inspired by the great oceans, blend with the haunting cry of whale song to provide the perfect recording for all who respect nature beneath the waves.



NSMCD 1 2 9

*The River*  
Geraint Hughes

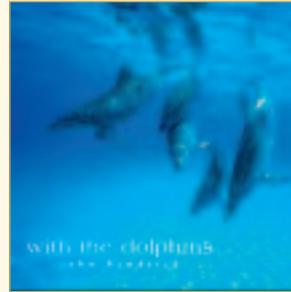
Sounds of wildlife fill the air as you slowly wind your way along the river. A cello softly speaks signifying you are about to drift into the shade of cool green overhanging trees. A calmness envelops you as you float gently along, there's no obvious resolution, the river knows where it's going. A beautiful atmospheric recording that will show you how to touch nature with your mind.



NSMCD 1 1 8

*Timeless Sea*  
Peter Willmott

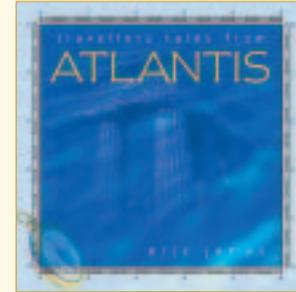
Captivating instrumental music entwines with the tranquillity and majesty of the sea to create an unforgettable experience. The soothing sound of the ocean gently caressing the shore, as the midday sun reaches its zenith, provides an escape to paradise. Let the timeless sea gently wash over you and refresh your body and mind.



NSMCD 0 1 9

*With The Dolphins*  
John Bundrick

Inspired by the most beautiful of creatures, the dolphin, these melodies echo the spiritual connection we have between land and water. Sublime orchestrations, featuring piano, strings, flutes, guitar and harmonica, gently ebb and flow as the sounds of the sea, dolphins and whales provide nature's own wondrous harmony.



NSMCD 1 0 9

*Travellers Tales From Atlantis*  
Eric James

Far beyond the horizon, deep beneath the ocean a mystical city welcomes you with the most beautiful music imaginable. Atlantis evolves an array of images unlike any other. The serenity of the ocean, the sounds of the dolphins, and the song of the humpback whale are all accentuated by the soothing contemporary music.

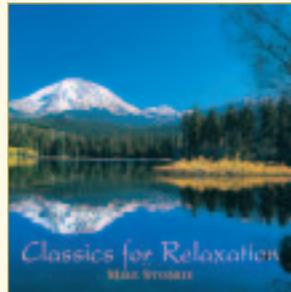


NSMCD 1 3 7

*Nature's Quest*  
Peter Willmott

A magical journey of intricate musical tapestries enriched by nature's chorus. Relax and unwind as these melodic compositions guide you through a deep enchanted forest. The tranquil sounds of birdsong and the haunting cry of the wolf enrich this perfect fusion of melody and nature.

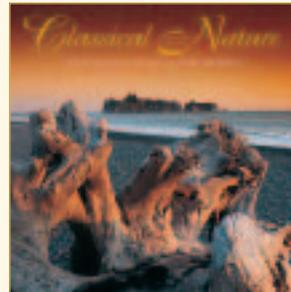
Rest by the stream and let the stress of everyday life ebb away on this magical journey back to nature.



NSMCD 1 8 9

*Classics For Relaxation*  
Mike Stobbie

Renowned writer and pianist Mike Stobbie performs some of the world's greatest classics in his own unique style. Familiar favourites, inspirationally played on the grand piano and enhanced by the majestic sounds of the ocean, will provide the ultimate relaxation experience. Includes favourites such as: Debussy's Clair De Lune, Albinoni's Adagio and Pachelbel's Canon in D.



NSMCD 1 9 0

*Classical Nature*  
Bob Edwards

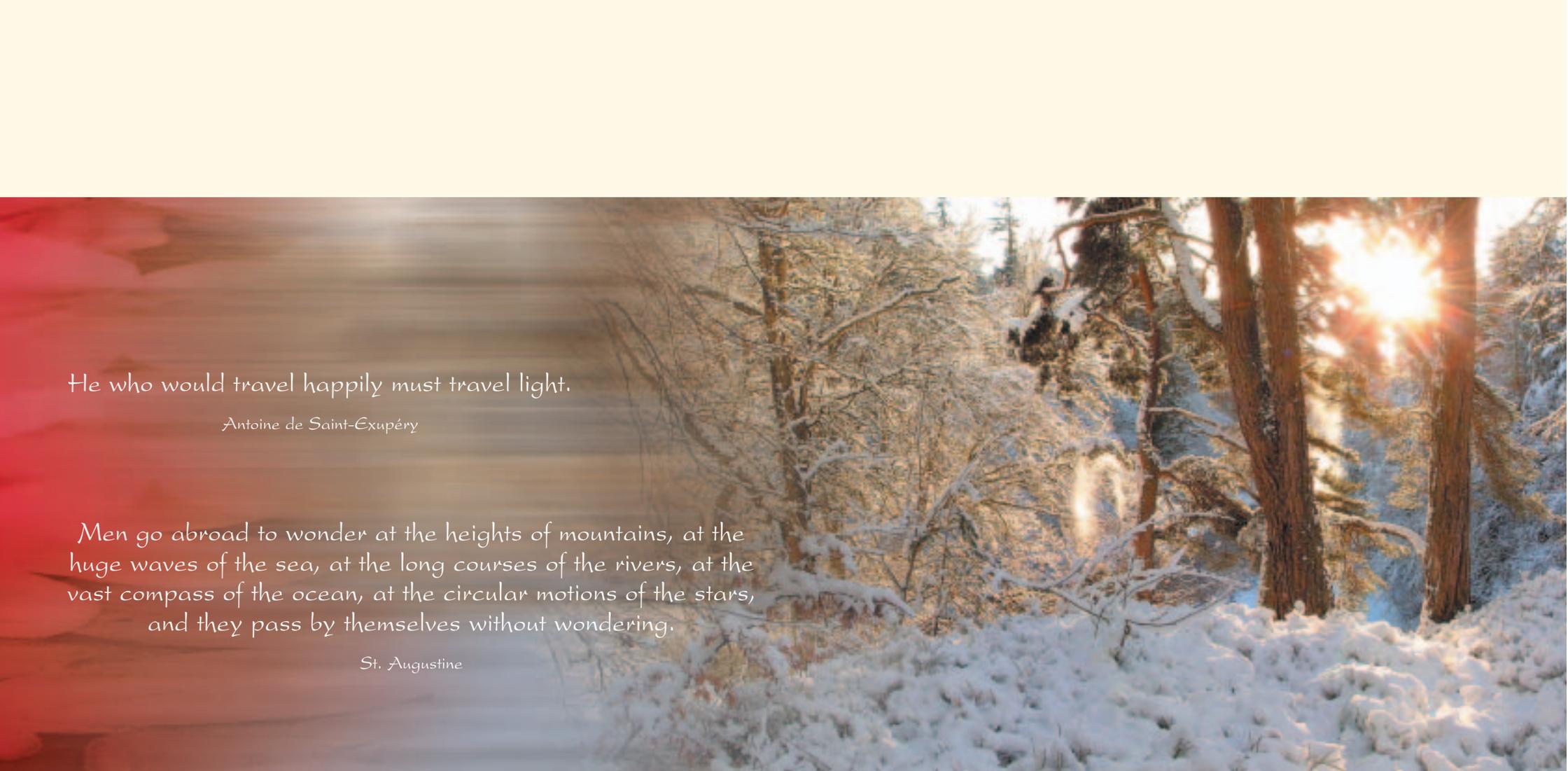
The soothing sounds of nature are accentuated by the timeless works of the master composers to provide this tranquil and uplifting experience. Visit a secluded stream as the sun breaks through the canopy of leaves and songbird melodies fill the air. This adventure in nature and music features some of the most relaxing classical compositions ever written, combined with the magnificent symphony of nature herself.

*I go to Nature  
To be soothed  
And healed,  
And to have  
My senses put  
In tune once more.*

*John Burroughs*

*One touch  
Of nature  
Makes  
The whole world kin.*

*William Shakespeare*



He who would travel happily must travel light.

*Antoine de Saint-Exupéry*

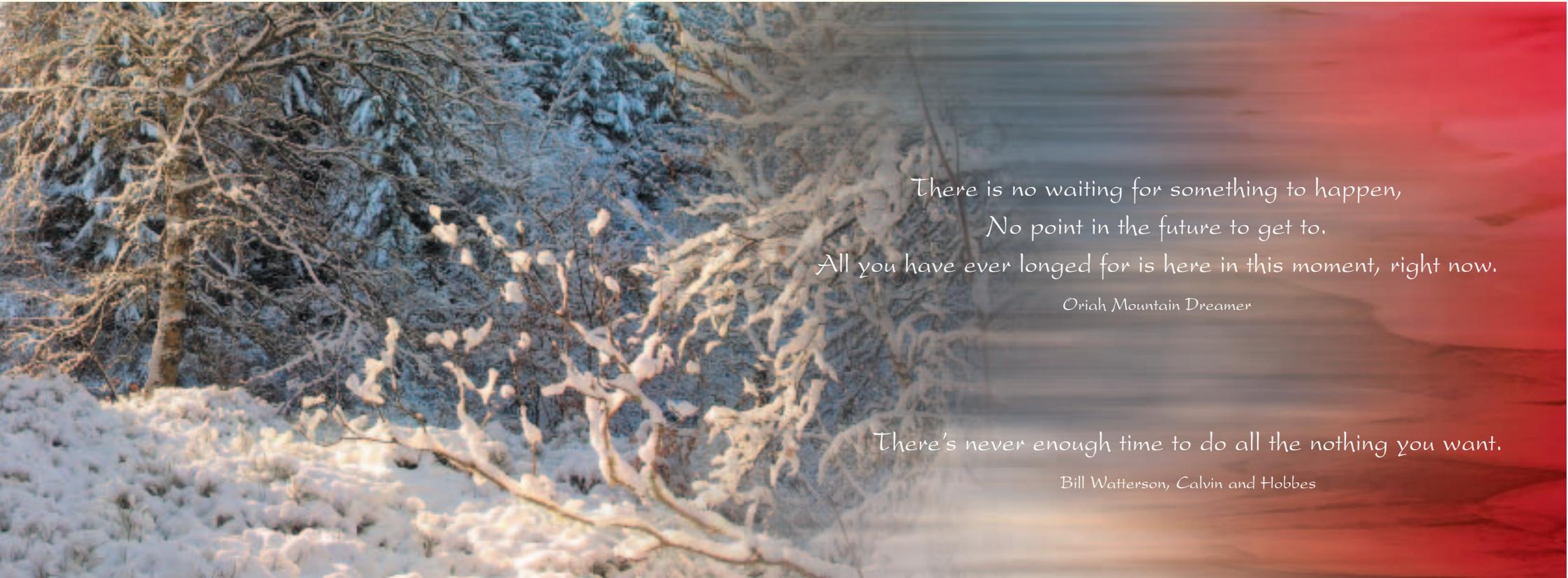
Men go abroad to wonder at the heights of mountains, at the huge waves of the sea, at the long courses of the rivers, at the vast compass of the ocean, at the circular motions of the stars, and they pass by themselves without wondering.

*St. Augustine*

*It's not who you are that holds you back, it's who you think you're not.*

*Finish each day and be done with it. You have done what you could; some blunders and absurdities have crept in; forget them as soon as you can. Tomorrow is a new day; you shall begin it serenely and with too high a spirit to be encumbered with your old nonsense.*

*Ralph Waldo Emerson*



*There is no waiting for something to happen,  
No point in the future to get to.  
All you have ever longed for is here in this moment, right now.*

*Oriah Mountain Dreamer*

*There's never enough time to do all the nothing you want.*

*Bill Watterson, Calvin and Hobbes*

*This is a story about four people named Everybody, Somebody, Anybody, and Nobody. There was an important job to be done and Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that, because it was Everybody's job. Everybody thought Anybody could do it, but Nobody realised that Everybody wouldn't do it. It ended up that Everybody blamed Somebody when Nobody did what Anyone could have.*

born free

"The Born Free Foundation is enormously grateful to NorthStar Music for their wish to promote our work with wild animals"

Founder of the  
Born Free Foundation

*Virginia McKenna*

For further information on the Born Free Foundation, details of membership, animal adoption schemes, school education packs, or donations, please contact:

email: [info@bornfree.org.uk](mailto:info@bornfree.org.uk)  
website: [www.bornfree.co.uk](http://www.bornfree.co.uk)



*Born Free*  
Various Artists

The magic of a journey through Africa - the world's most exciting continent. Each track has been composed to portray a time, place or event in an African season. "African Storm" conveys the humid atmosphere, evocative native chants and chatter of wildlife prior to the celebration of the rain. "The Gathering" - a 12-string acoustic guitar masterpiece - proclaims the joyous rhythms and love of life, whilst "Freedom", in the classical style, is a beautiful and emotive anthem dedicated to Africa.



*Travellers Tales From Antarctica*  
David & Phil Massey

Perhaps the most awe inspiring region on earth - Antarctica. Her beauty, mystery, and presence has called to adventurers for eons and yet she still remains the most unexplored continent on our planet. This spiritually expansive Travellers Tale will unfold visions of space, grandeur and virgin beauty through a magnificent season of musical observation.



*Born Free Classics*  
Chris Glassfield

Chris Glassfield is one of a new breed of classical musicians whose imagination and disciplined approach to music has brought him the highest accolades. He has performed throughout the world, including recitals in Eastern Europe and Japan, and the unpretentious ease he enjoys when giving a recital makes him one of the leading lights in the classical arena.



*Moon Tears*  
Peter Willmott

A beautifully crafted album of contemporary uplifting music reflecting the cultures and peoples of North East Africa. The gradual musical development, through diverse and eclectic influences, has culminated in a creative fusion of styles which all play their part in shaping the art and music of the African continent. *Moon Tears* reflects upon these influences, seen through the eyes and ears of these proud people.



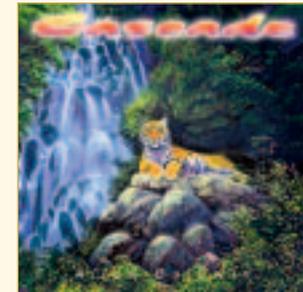
*Beyond The Sky*  
Chris Glassfield

Few guitarists have successfully bridged the gap between classical and contemporary music. Chris Glassfield is such an artist, with best selling albums throughout the world. In *Beyond the Sky* he weaves a beautiful tapestry of contemporary classical guitar and flute melodies inspired by the African plains. Landscapes that stretch forever, golden sunsets and hot velvet nights are all reflected in this superb work.



*Heaven & Earth*  
Geoff Webb

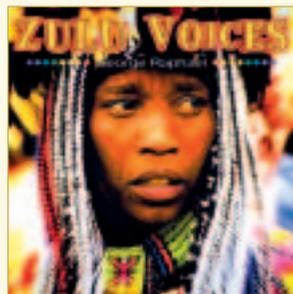
Superb acoustic guitar technique, coupled with a creative ability to express diversely differing moods of nature, through music, is demonstrated admirably in this exquisite collection of romantic themes. The essence of the elements, together with the beauty and ways of nature, are all explored in this important and memorable album.



*Cascade*  
Allan Baldwin

A wonderful album of acoustic guitar themes, played with a virtuosity gained from a lifelong spiritual connection with the wilderness and freedom. Shimmering jewels of melody - sometimes reflective, sometimes rhythmical - will take you into a dreamworld of open skies and endless landscapes.

# the vision is... africa



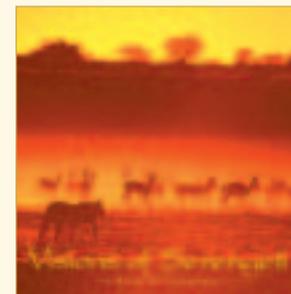
*Zulu Voices*  
George Raphael

Recorded live in Africa in the villages of the Kwa-Zulu Natal region, this remarkable album of Zulu tribal songs, dances and chants is perhaps one of the most exciting ethnic fusion recordings ever produced. All the songs are in the authentic language of the Zulu homelands, recorded in the villages of the Natal region and sung by members of the Zulu nation.



*Echoes Of Africa*  
Rabbit - Sungura

An album inspired by the colourful village life of Africa, told in the language of music and natural sounds. Authentic rhythms and tribal chants interchange with flutes, djembe and piano to produce a cultural melting pot of superb traditional and contemporary themes. Essentially a marriage of the rhythmical vibrancy of the African continent, merged with contemporary musical influences from one of Europe's finest musicians, *Echoes of Africa* represents the very best of World fusion.



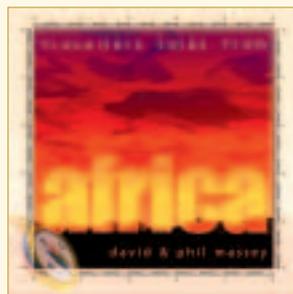
*Visions Of Serengeti*  
Alan Blackmore

Authentic African rhythms and voices merge together with natural sounds in a celebration of pure ethnic joy and passion. This memorable album, recorded live in Africa, provides the gateway to a vibrant and exciting musical journey.

*"Raphael's Zulu Voices is a thoroughly engaging collection which fuses Zulu tribal songs, chants and dances with a superbly effective ethno-roots pop. It all gels perfectly on effervescent opener, 'Celebration' and in the direct, infectious dance appeal of 'Birthday'. Sometimes exhilarating and always more than merely interesting."*

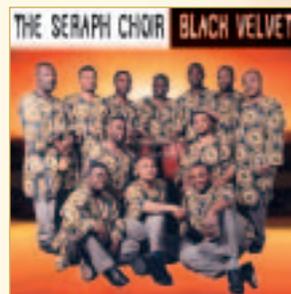
Steven Caseman

Rock And Reel



*Travellers Tales From Africa*  
David & Phil Massey

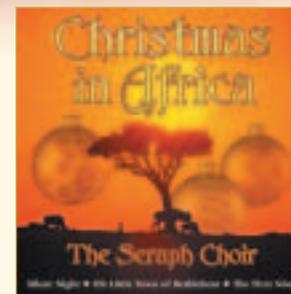
Sunrise over the Ubangi Plateau, and the dense morning mists swirl and entwine like dancers in their greatest finale. Suddenly the mists begin to rise. Tendrils of twisting, moisture laden air, at first reluctant to leave the cool caress of mother earth, reach for the sun and spiral skywards as the morning begins to wake. Gradually a vision starts to unfold. It is of such awe-inspiring beauty that it has captivated man since the beginning of time. The vision is... Africa!



*Black Velvet*  
The Seraph Choir

"By listening to this CD we trust the Lord that you will be filled with the peace of mind that comes from our Lord Jesus himself. May the blessings of God almighty be granted to all of you." Mpaka Kinankaziko, conductor of Seraph Choir

The Seraph Choir have been together since 1992. All its members are from the central African countries of Angola and The Democratic Republic of Congo. The choir represents a variety of churches from their home countries, however they are all united in their Christian faith and love of music and singing. Their singing style is particularly distinctive because of the intricate harmonies and the mixture of folk, traditional and religious songs.



*Christmas In Africa*  
The Seraph Choir

Newly released from the Seraph Choir, a beautiful album of traditional Christmas songs and carols sung in English, French and various African languages. A glorious and unique expression of the celebration of Christmas.

# Jardenia

Jardenia - music so naturally

“Especially created to be listened to quietly whilst out in the garden, Jardenia music is the ideal accompaniment for gently relaxing with nature. Its melodies, which can be enjoyed indoors or out, create a wonderful natural ambience perfectly in tune with nature. Always remember the beauty of your garden, for there is peace in that quite place of colours enchanting to see, which always welcomes thee.”

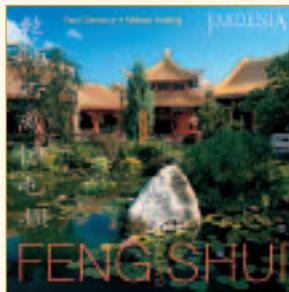
*A garden is the best alternative therapy.*

*Germaine Greer*



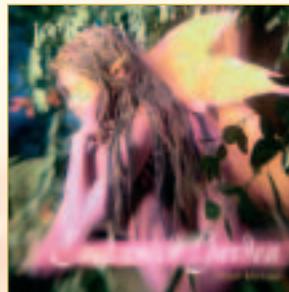
*Monet's Garden*  
Bob Edwards

The beauty of Monet's garden and the tantalising link between the great painter and the composer Debussy hint at creative passion and a spiritual bond of shared esteem that goes far beyond just mutual admiration. This same creative essence is captured here as rhapsodic piano, haunting soprano and drifting strings nurture and tease melodies that float through late summer vineyards like golden seraphs meandering along the timeless paths where Monet and Debussy met.



*Feng Shui Garden*  
Cheneour & Holding

Feng Shui literally means “Wind & Water” and has been in constant use by the Chinese for over 5000 years. The music created by Paul & Melissa with Koto, Shamisen and Flutes moves through the five elements – Earth, Metal, Water, Wood and Fire before exploring the mythical world of Dragons, Tigers and other animals.



*Enchanted Garden*  
Stuart Michael

Magical fairy themes will haunt your senses and intoxicate your spirit with the pure joy of life from a parallel plain. Rich piano melodies dance with delight as they are born on the winds of creation knowing they will live forever in the minds of all who hear them, whilst rich orchestrations featuring piano, flutes, acoustic guitar, strings, woodwind and chimes offer the perfect cradle of balance and counterpoint.



*Garden Bliss*  
Chris Glassfield

The garden. Perhaps one of the most tranquil and calming places imaginable and a haven for lovers of nature and peace. The sound of birdsong, the gentle sigh of a summer breeze or the murmur of a brook all evoke the atmosphere that fulfils our basic need to be at one with nature. This wonderful album of acoustic guitar melodies will enhance any quiet moment sitting in the garden or dreaming of summer.



*Garden Fiesta*  
Pete Thoms & Micho

Pete Thoms and Micho have produced a vibrant collection of Latin themes that pulsate with the energy and romance of Venezuela. From sizzling Bossa Nova & Samba to the sultry romantic Bolero these South American themes will create the perfect mood to celebrate the rhythm of life.



*The Fairy Garden*  
John Bundrick

It doesn't really matter where you live or what your garden means to you, it will always represent somewhere special where you can relax and be at one with nature. In The Fairy Garden John Bundrick brings his own special magic to this beautiful recording of richly orchestrated piano melodies inspired by the garden. Played quietly whilst relaxing it will create your own symphony perfectly in tune with the sounds of the earth.

# music for mother & baby

It has long been recognised that music plays an important role in the development, well being and mental state of babies, both in the womb and after birth. The mood enhancing ability of music is acknowledged by most of us and we use it on a daily basis. The Pink&Blue - music for mother & baby, - albums have been developed with baby in mind and will help your baby to relax and grow in their environment. Due to the relaxing nature of the series, the albums are also the ideal accompaniment for creating moments of stillness in the home and can be listened to at any time.



*Precious Moments*  
Mike Roberts

Precious Moments has been written to turn those special moments of togetherness into a profound experience of love where day to day cares can be forgotten and true heart's joy found. Concert Harp, acoustic guitars, piano, sublime voices and gentle orchestration all turn this album into a work of musical art that will enhance feelings of pure wellbeing and joy. A collection of melodies truly inspired by and dedicated to love.



*Baby Massage*  
Katie Hope

Babies are intuitive and their sense of touch highly developed. To a baby touch is talk, and massage should be a daily ritual that allows you to centre yourself and connect deeply with your baby. In recent tests researchers found that massaged babies actually spent more time in quiet, unstressed and alert states and therefore their sleep time was deeper and more restful. The soothing melodies of Katie Hope will be yours and baby's perfect musical companion for these precious moments of blissful bonding.



*Baby Sleep*  
Alain Pierre

Getting baby to sleep is often a new parents' greatest challenge. Working with the Belgian paediatric unit at the Brugman hospital in Brussels, Alain Pierre has produced Baby Sleep, which is especially developed for mother and baby. The album contains the relaxing and familiar sound of a mother's heartbeat and sounds of the womb, together with beautiful harmonies and musical textures designed to soothe and relax baby and create an environment of total calm.

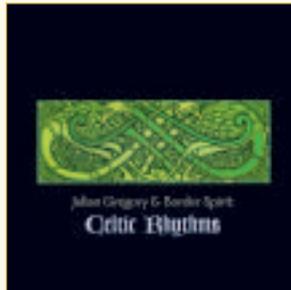
*"Infants and young children are gifts of pure unconditional love, sharing massage with them allows us to tap into love and, in turn, reflect it back to them."*

*Jo Kellett*  
certified infant massage instructor,  
CJMJ - TJDHA - RQA

# celtic

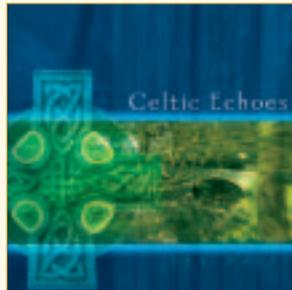
*"Celtic Spirit is an exceptional album exploring the heart and soul of the very best of traditional Celtic music."*

*Celtic Heritage - USA*



*Celtic Rhythms*  
Julian Gregory

Sparkling traditional Celtic melodies in every style make this wonderful recording an essential item in any Celtic collection. Played by Julian Gregory and Border Spirit the album is alive with tradition and sheer individual brilliance. Melodies featuring the sweetly haunting sound of Pipes merge into lilting Irish airs on Harp, Fiddle and Whistle before sweeping into irresistible toe-tapping jigs and reels.



*Celtic Echoes*  
The Kells

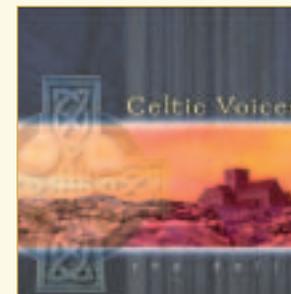
A traditional album of Celtic music featuring one of the most respected Celtic bands 'The Kells'. Button accordion, Uilleann pipes, violin, whistles and guitar, all played with the passion and virtuosity of the true ethnic musician, will bring alive the traditions and sheer musical joy inherent in the Celts.

Featuring favourites such as *Londonderry Air*, *Carrick Fergus* & *She Moves Through The Fair*, Celtic Echoes transports you to the mist covered mountains and green hills of the Emerald Isle.



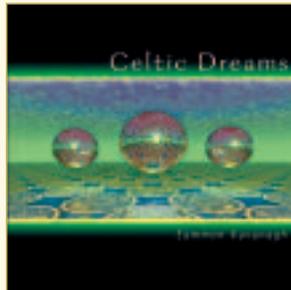
*Elements*  
Nicci Berry

The haunting beauty of Nicci's voice, combined with superb musicianship on original instruments, makes this fine album an essential addition to any Celtic collection. Wonderful authentic Irish airs and melodies raise the spirits and fire the imagination, leaving us longing for more.



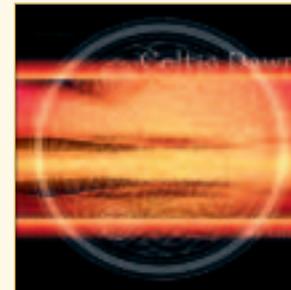
*Celtic Voices*  
The Kells

The beautiful lilting melodic airs sung by Tony Dugan offer the perfect balance to Liz Ramsey's gentle lyrical Celtic themes in this marvellous collection of songs from The Kells. A truly superb balance of traditional melodies, in a variety of authentic styles, will create an enchanting Celtic atmosphere whenever this album is played.



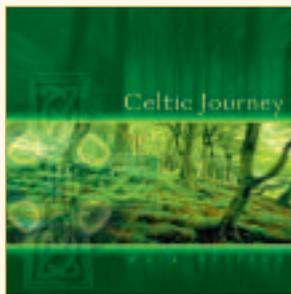
*Celtic Dreams*  
Eammon Kavanagh

Beautiful Celtic themes and airs played by some of the finest musicians make Celtic Dreams a valuable recording in any world music collection. Traditional instruments such as Uilleann pipes, flutes, violin, guitar and piano create the perfect ensemble for the haunting themes whilst the voices of some of Ireland's favourite performers add the perfect vocal counterpoint. Enya-esque vocals by Nicci Berry, Liz York & Viola Britten.



*Celtic Dawn*  
The Kells

Lilting airs, gently swaying tempos and the beautiful ensemble of button accordion, fiddle and guitar creates an evocative and uplifting mixture of Celtic tunes. Inspired by the *dawn* – that magical time when golden shafts of sunlight spill across heather-clad moors welcoming the world to another new day – the album creates the perfect ambience for relaxation and peace.



*Celtic Journey*  
Mark Britten

Ancient folk melodies merge with beautifully crafted original and traditional compositions to create an album of rare brilliance. The haunting sound of the Uilleann pipes drifts across oceans of time to entwine with flutes, border pipes, acoustic guitar and Celtic harp in an evocative and mystical journey of love and tradition. A superb album featuring live instrumentation that will uplift and celebrate the Celtic traditions.



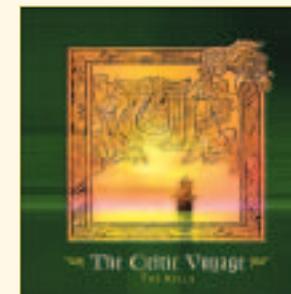
*Celtic Renaissance*  
Mark Britten

Haunting and restful – the wild, untamed sound of the Uilleann pipes and wooden flute blend with harp, guitar and voices in a beautiful collection of original and traditional Celtic tunes. Performed on traditional instruments and blended with nature sounds this album will evoke mythical journeys through the Emerald Isle.



*Celtic Spirit*  
Mark Britten

Themes and airs inspired by the Celts still enchant and delight all who listen. Authentic instruments, including Uilleann pipe, whistle, harp, bodhran, accordion, pipes and piano, blend with Celtic voices and natural sounds to create a beautiful traditional album.



*The Celtic Voyage*  
The Kells

A carefully researched and superbly performed album inspired by the Irish migration of the 1840s. Between 1846 and 1847, due to the famine, over a million people died and a further million were compelled to emigrate to America. There has probably never been an album so beautifully and movingly recorded, which embodies the hopes and dreams of a nation, as The Celtic Voyage.



*Celtic Guitar*  
Anthony & Hall

There are few things more pleasant than the pure sound of an acoustic guitar playing the wonderful Celtic melodies history has passed down to us. In the background the sounds of the forest gently whisper their approval as the guitar sings its age old melodies of love and legend. A romantic celebration of poignant melodies which will make you re-discover the serene beauty of authentic Celtic music.



*Celtic Abbey*  
Mark Waterman

Music inspired by the rugged beauty of the Sacred Isle of Iona and immortalised by William Wordsworth in his memorable poem *On to Iona*. This spiritually moving voyage of monastic celebration will unfold dreams of Tallis and Gregory. A cathedral quality provides the harmonically intertwined voices and natural sounds with a spiritual counterpoint, as the music explores an ecclesiastical dimension.

A Familiar Stranger  
I saw a stranger today.  
I put food for him  
in the eating-place  
And drink  
in the drinking-place  
And music  
in the listening-place.

In the Holy name  
of the Trinity  
He blessed myself  
and my family.  
And the lark said in her warble  
Often, often, often  
Goes Christ  
in the stranger's guise.

O, oft and oft and oft,  
Goes Christ  
in the stranger's guise.

Celtic Rune of Hospitality



*Celtic Christmas*  
Various Artists

An evocative collection of Celtic Christmas favourites that will enhance this most sacred time. Contemporary and traditional arrangements blend together with natural winter sounds to produce this beautiful seasonal recording of timeless melodies. Featuring favourites such as *We Three Kings*, *What Child Is This*, *Away In A Manger* and *Silent Night*.

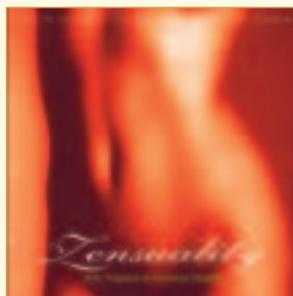
# wellbeing

*Mens sana in corpore sano:  
A sound mind in a  
healthy body.*

*Dedicated music albums  
designed to relax the mind,  
lift the spirit and re-energise  
the body by encouraging  
inner calm and natural  
balance within.*

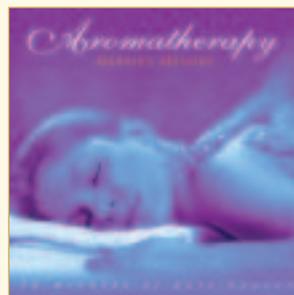
*Life seems to go on without effort  
When I am filled with music.*

*George Eliot*



**Sensuality**  
Sigman & Hughes

Sensuality is designed for those private intimate times spent with your partner, just being together. Warm seductive music and voice takes you on a journey in pursuit of the sensual. Starting slowly the rich ambient waves wash over the senses, then gradually evolve into a warm seductive groove, intensifying the feelings of togetherness before subsiding into an afterglow of pure spiritual pleasure.



**Aromatherapy**  
Geraint Hughes

Aromatherapy – 74 minutes of pure heaven – is a specially commissioned music CD, conceived, researched and designed specifically with aromatherapy and other holistic therapies in mind. This album has been written by Geraint Hughes, a leading holistic writer and composer. 74 minutes of pure heaven is extremely suitable for massage, healing or just pure relaxation.

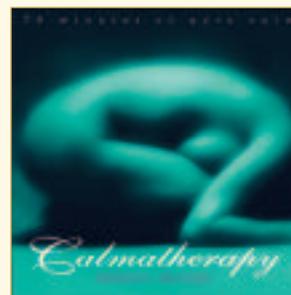
"Aromatherapy - 74 minutes of pure heaven. All I can tell you is that it is physically, mentally and emotionally impossible to listen to this music and remain stressed or upset."

— Aromatic Thymes USA



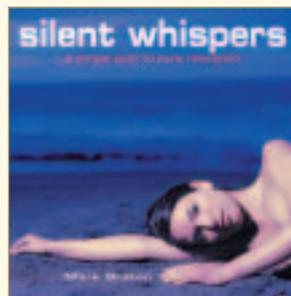
**Bathtime Bliss**  
Vickirage & Lacroix

At the end of a stressful day there is no better way to relax than by soaking in a warm scented bath. This album takes you on a two part journey that will leave you feeling relaxed and refreshed. The first part, melodies for Body & Mind Relaxation, contains soothing themes that will gently wash through your senses and create a feeling of total calm. The second part The Journey Within gently raises the spirits with uplifting music that inspires and refreshes the mind.



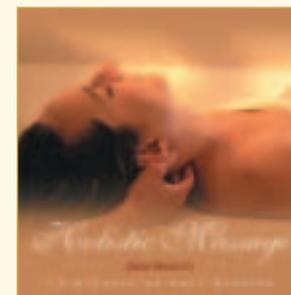
**Calmotherapy**  
Geraint Hughes

Tranquillity and peace of mind are essential to good health and wellbeing. In Calmotherapy 74 minutes of pure calm Geraint Hughes provides a perfect musical ambience which encourages deep relaxation. Soothing atmospheric music, especially designed to relax and restore the inner balance, flows through the senses gently winding down the entire body to a state of pure calm.



**Silent Whispers**  
Mark Britten

Soothing yet filled with beautifully crafted themes that will enhance and uplift your life, Mark Britten, a master of melody and soul touching harmony offers an album to treasure forever. Piano, Harp and Classical Guitar merge effortlessly with Tibetan Singing Bowls, ethnic percussion and subtle orchestration to form a haunting collection of truly inspired tunes.



**Holistic Massage**  
John Hartley

Massage and the simple act of touching are two of the most important things we can do to help relieve stress and anxiety. The sensation of hands on our body, massaging or caressing, sends messages to our inner consciousness that opens a door to trust, enhances intimacy and promotes deep relaxation.

The album contains rich uplifting orchestrations and spiritually inspired piano melodies suited for all massage sessions.



**Day Review**  
Chris Tyce & Steinar Lund

At the end of the day, do you think about what went well, and what did not? Listen to Day Review and evaluate your day whilst discovering teachings that can be of great benefit to you in the future. Let the calming music of Steinar Lund help you relax and unwind whilst being guided by the soothing voice of Chris Tyce so that the day's events are put into perspective. Achieve a balanced appraisal of the day that has just passed, fully accepting what has happened in order that you are free to move on.

CODE	ALBUM TITLE	COMPOSER(S)	CODE	ALBUM TITLE	COMPOSER(S)
NSMCD019	WITH THE DOPLHINS	JOHN BUNDRICK	NSMCD266	NICCI BERRY - Elements	MARK BRITTEN & NICCI BERRY
NSMCD107	IN SEARCH OF THE SPIRIT *	OLIVER GILLESPIE	NSMCD269	GARDEN FIESTA	PETE THOMS & MICO
NSMCD109	TRAVELLERS TALES FROM ATLANTIS	ERIC JAMES	NSMCD270	CHRISTMAS IN AFRICA	THE SERAPH CHOIR
NSMCD118	TIMELESS SEA	PETER WILLMOTT	NSMCD271	REIKI	GEORGE RAPHAEL
NSMCD121	TRAVELLERS TALES FROM AFRICA	DAVE & PHIL MASSEY	NSMCD273	ZENSUALITY	ARIC SIGMAN & GERAINT HUGHES
NSMCD129	THE RIVER	GERAINT HUGHES	NSMCD276	CELTIC CHRISTMAS	VARIOUS ARTISTS
NSMCD133	HEAVEN & EARTH *	GEOFF WEBB	NSMCD280	FENG SHUI GARDEN	PAUL CHENELOUR & MELISSA HOLDING
NSMCD135	CASCADE *	ALLAN BALDWIN	NSMCD282	DOLPHIN DREAMING *	MIKE STOBBI
NSMCD137	NATURE'S QUEST	PETER WILLMOTT	NSMCD283	MANTRA WORDS OF POWER	STEINAR LUND
NSMCD138	CELTIC ABBEY	MARK WATERMAN	NSMCD284	ENLIGHTENMENT	P. STROUD & S. HELLABY & P. GREEDUS
NSMCD139	ETERNAL FOREST	MIKE ROBERTS	NSMCD285	THE WAY OF CH'I	STEINAR LUND
NSMCD146	TRAVELLERS TALES FROM ANTARCTICA *	DAVE & PHIL MASSEY	NSMCD286	SEXUAL ALCHEMY	STEINAR LUND
NSMCD158	WOODWIND WATERS	STEPHEN GIBBONS	NSMCD287	BATHTIME BLISS	MIKE VICKERAGE & D. & C. LACROIX
NSMCD159	MOCCASIN WARRIOR	JOHN BUNDRICK & SNUFFY WALDEN	NSMCD288	HOLISTIC MASSAGE	JOHN HARTLEY
NSMCD165	CELTIC JOURNEY	MARK BRITTEN	NSMCD289	THE MYSTERY OF RUNES	STEINAR LUND
NSMCD168	VISIONS OF SERENGETI	ALAN BLACKMORE	NSMCD290	REIKI 2	GEORGE RAPHAEL
NSMCD169	BEYOND THE SKY *	CHRIS GLASSFIELD	NSMCD291	BABY SLEEP	ALAIN PIERRE & ALEX BARRAN
NSMCD170	MOCCASIN WARRIOR II	JOHN BUNDRICK & SNUFFY WALDEN	NSMCD292	BABY MASSAGE	KATIE HOPE
NSMCD173	BORN FREE *	VARIOUS ARTISTS	NSMCD297	CHILL OUT FOR THE MIND	JONN SAVANNAH
NSMCD174	MOON TEARS *	PETER WILLMOTT	NSMCD298	CHILL OUT FOR THE BODY	JONO BUCHANAN
NSMCD175	AROMATHERAPY	GERAINT HUGHES	NSMCD299	CHILL OUT FOR THE SPIRIT	MIKE VICKERAGE & ANDREW PHILLIPS
NSMCD176	CELTIC RHYTHMS	JULIAN GREGORY	NSMCD300	GANESH LOUNGE	LUND, HUGHES, HARTLEY & RAPHAEL
NSMCD188	DREAMCATCHER	NANA RAVEN	NSMCD301	PRECIOUS MOMENTS	MIKE ROBERTS
NSMCD189	CLASSICS FOR RELAXATION	MICHAEL STOBBI	NSMCD302	SILENT WHISPERS	MARK BRITTEN
NSMCD190	CLASSICAL NATURE	BOB EDWARDS & ALAN BROADBENT	NSMCD303	MONET'S GARDEN	BOB EDWARDS
NSMCD192	CELTIC RENAISSANCE	MARK BRITTEN	NSMCD304	IN BLUE	ALAN BROADBENT
NSMCD193	DEEP BLUE RHAPSODY	DIDIER LACROIX & CHRISTIAN LACROIX	NSMCD305	TRANSFORMATION - REIKI 3	GEORGE RAPHAEL
NSMCD194	SPIRIT OF THE WOLF	TAYLOR CROW	NSMCD306	CELESTIAL CONTACT	STEINAR LUND
NSMCD195	ECHOES OF AFRICA	SUNGURA	NSMCD307	DAY REVIEW	CHRIS TYCE & STEINAR LUND
NSMCD196	CELTIC SPIRIT	MARK BRITTEN	NSMCD310	NIGHT AND DAY	NICK PENNY
NSMCD197	CELTIC ECHOES	THE KELLS	NSMCD311	ENCHANTED GARDEN	STUART MICHAEL
NSMCD198	VISION OF THE SHAMAN	WILLIAM PRESLAND	NSMCD312	INNAMORAMENTO	VARIOUS ARTISTS
NSMCD199	ZULU VOICES	GEORGE RAPHAEL	NSMCD313	BE INSPIRED - sampler CD	VARIOUS ARTISTS
NSMCD207	CELTIC GUITAR	STUART ANTHONY & STEVE HALL	NSMCD314	SHAMANIC SPIRIT	ALVIN KRAMER
NSMCD216	CALMATHERAPY	GERAINT HUGHES	NSMCD315	OCEANIA - NATURAL SOUNDS	OLIVER WRIGHT
NSMCD221	BLACK VELVET	THE SERAPH CHOIR	NSMCD316	INNOCENCE	KATIE HOPE
NSMCD226	CELTIC VOICES	THE KELLS	NSMCD317	DAYDREAMING	MARK WATERMAN & OLIVER WRIGHT
NSMCD230	THE CELTIC VOYAGE	THE KELLS	NSMCD318	PLAY IT AGAIN SAM	SAM HYMAN
NSMCD243	THE FAIRY GARDEN	JOHN BUNDRICK	NSMCD319	BUT BEAUTIFUL	GRANT MARTIN
NSMCD246	GARDEN BLISS	CHRIS GLASSFIELD	NSMCD320	BITTER SWEET	JERRY PLAYLE
NSMCD249	CELTIC DREAMS	EAMMON KAVANAGH	NSMCD321	VISION OF PEACE	VARIOUS ARTISTS
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